



Group Acupuncture: What To Expect

What is a treatment like?

Group acupuncture is done in a seated position, fully clothed. The needles are inserted from the elbows down, knees down, on the head and in the ears. Each session lasts 45 minutes, with new patients being seated every 15 minutes. Patients are seated together in the same quiet room.

What is Treated?

Acupuncture can be used in conjunction with conventional therapy to help reduce some common side-effects. These include, but are not limited to: neuropathy, nausea, hot flashes, insomnia and anxiety.

Who can benefit from group acupuncture?

Any oncology patient at any of our 3 New England Cancer Specialists offices can schedule for acupuncture. You do not need to be in active treatment. However, acupuncture for the treatment of side-effects is most effective if started either before or as soon as possible during active treatment.

How much will it cost?

Each session is \$35 dollars. Payment is due at time of service. You may pay by cash or check directly to the provider (New England Cancer Specialists does not bill). You can request a receipt at time of service. If your insurance covers acupuncture, you can use the receipt to request reimbursement from your company.

Can my caregiver receive treatment?

If there is room, caregivers are welcome to ask for an acupuncture session as well. Caregivers will be accommodated if space allows, and there is no pre-booking for caregivers at this time. The fee for caregivers is also \$35.

How often should I receive group acupuncture treatment?

Ideally patients receive treatment every 1-2 weeks. This model allows for a less expensive entry point so patients can receive as many treatments as possible.

Where and when can I receive group acupuncture?

Right now, group acupuncture is offered at our Brunswick office on Mondays. Please call 729-1148 and ask to speak with Paula to schedule.